

# **Biennial Review of Drug Prevention Efforts New Mexico State University**

**September 1, 2022-August 31, 2024**

## **Introduction**

New Mexico State University (NMSU) is the land grant institution of higher education in the state of New Mexico. NMSU is a system comprised of one four year university located in Las Cruces and four two year colleges located in Alamogordo, Doña Ana County, and Grants. The Office of the Dean of Students at New Mexico State University gathered information from university offices and departments throughout the system that deal with substance abuse to develop this biennial review. Programs and departments contributing to this report include: Office of Health Promotion (OHP), The Aggie Health & Wellness Center, Employee Assistance Program-TimelyCare, Student Success Center, Student Involvement Leadership Programs, Greek Life, Athletics, Student Rights and Responsibilities Office, Human Resource Services, and the NMSU Police Department. A member of the NMSU community could be subjected to intervention and authority of several of these segments of the community in addition to civil and criminal authorities and university administrative policy.

This Biennial Review report is divided into sections that include:

- I. Policies
- II. Prevention
- III. Intervention, Policy Evaluation and Enforcement
- III. Action plan

## **I. Annual Policy Notification Process, Policies Related to Drug and Alcohol Use**

The use of alcohol on property controlled by the NMSU Board of Regents or any function sponsored by those groups officially connected to the institution is regulated under policy 16.60 of the NMSU Policy Manual. The purpose of the policy states:

The Board of Regents of New Mexico State University recognizes that diversity of opinion and freedom of choice are concepts upon which higher education has been established. Inherent within these two basic concepts are the exercise of individual responsibility and making informed decisions on matters related to personal behavior.

Within the university setting, faculty, staff and students must demonstrate a mutual respect and commitment to the institution's educational mission while at the same time fostering diversity of opinion, freedom of choice, and responsibility. In this regard, the university respects the right of those of legal age to consume alcohol if they so choose, providing they do so in accordance with this policy and all applicable laws.

This policy shall apply to every function or event, including but not limited to receptions, banquets, dinners, picnics, or any outdoor event, social event, and campus-wide activity sponsored by organizations or individuals associated with NMSU. Off-campus events conducted by university approved organizations are bound by this policy.

NMSU recognizes it cannot protect its employees and students from making decisions that could potentially cause harm to themselves or others. NMSU disclaims any intention to assume duties to protect its employees and students from their own abuse of drugs or alcohol or to protect third party persons from conduct of the employees or students.

The use of illegal drugs is regulated by policy 16.65 Drug and Alcohol Free University Community. The purpose of the policy states:

The University is a recipient of federal grants and contracts in excess of \$100,000 and is subject to the provisions of the Drug-Free Workplace Act of 1988, the special Drug-Free Workforce rules promulgated by the Department of Defense, and the Drug Free

Schools and Communities Act. The Board of Regents has directed the president to institute and maintain programs that meet the requirements of federal drug and alcohol regulations. These programs are administered through the Office of Human Resource Services.

New Mexico State University provides educational materials for students, faculty and staff regarding policies and procedures related to alcohol and drugs. Additionally, many university departments and offices provide printed and online information related to drug and alcohol education, awareness, programs, and policies.

The Drug-Free Workplace, Drug-Free Schools and Communities Act, Drug-Free Workforce Rules, NMSU alcohol/drug statistics and the NMSU Student Handbook are maintained on the Dean of Students website. Each semester, students receive an email reminding them where they may find the handbook. The Handbook also includes the University's drug and alcohol rules and sanctions.

### **Drug and Alcohol Free University and Workplace Notice**

The Assistant Director of HRS Employee and Labor Relations and the Director of the Employee Assistance Program collectively distribute information in accordance with the Drug Free Workplace Act of 1988, Drug Free Schools and Communities Act per the U.S. Department of Education, and Drug Free Workforce regulations per the U.S. Department of Defense.

It reiterates the University's policy prohibiting the unlawful manufacture, possession, use or distribution of drugs and/or alcohol on university property and in the workplace. Additionally, it explains the health risks associated with substance abuse, and provides information regarding some of the referral and treatment opportunities available in the geographical area. Lastly, it describes the potential administrative and legal consequences which may be imposed for violations.

The information is distributed annually via email at the start of the academic year to all employees, both faculty and staff. In addition, it is presented to new employees at orientation programs provided by Human Resource Services. Employees who are not hired into *regular* positions and are not invited to attend New Employee Orientation, must be provided with a copy of the announcement by their hiring manager at the time the offer of employment is accepted.

## II. Prevention

### Las Cruces Campus

The cornerstone of New Mexico State University's alcohol and drug abuse prevention efforts directed toward students is developed by the Office of Health Promotions Program. This program acts as a resource for all other efforts and works closely with other wellness programs and student engagement programs including the Aggie Health & Wellness Center, Student Success Center, Student Involvement and Leadership Programs, Housing and Residential Life, Student Conduct and Community Standards and the NMSU Police.

### Aggie Health and Wellness: Office of Health Promotions Programs

#### Mission:

The OHP Program is a risk reduction and prevention program that educates the campus community on issues of personal safety and well-being. OHP's staff members and Peer Educators provide fellow students with information and strategies regarding topics relating to personal health, safety, and overall well-being. Employing a dynamic and comprehensive plan, OHP creates bridges between campus entities to cultivate healthy environments for the NMSU community. OHP serves as a resource liaison for NMSU students regardless of sex, race, ethnicity, sexual orientation, age, disability, religion or national origin.

#### Philosophy: Peer Education

Peer Education: With the understanding that peers have a significant ability to influence behavioral choices in the targeted areas, OHP utilizes trained Peer Educators to deliver information and strategies to fellow NMSU students. Research demonstrates that peers can influence behavioral choices, particularly regarding alcohol harm reduction and violence prevention. Training for OHP peer educators are conducted every fall semester. This was completed through review of employee handbooks, past events, canvas and Aggie Health and Wellness Center staff trainings. Continued education throughout the semester with webinars and other opportunities.

#### Purpose:

The purpose of OHP is to provide programming that will positively affect the behavior of the following constituencies:

- Individuals
- Groups: high-risk groups such as first-year students, Greek community members and athletes.
- Community: creating and/or supporting a community culture that encourages safe environments regarding health, alcohol, and violence prevention.

### Research Based Strategies:

An abundance of research exists on the effectiveness of prevention efforts. OHP utilizes these research findings to develop and implement programming with proven records of accomplishment, while still employing innovative strategies. Further, by using existing research to avoid interventions proven ineffective, OHP can maximize its resources and minimize wasted effort.

### Social Norms:

Social Norming is an approach with a demonstrated success record. Students tend to make decisions based on their perception of how their fellow students would behave in a comparable situation. Unfortunately, students have many misperceptions of how their fellow students really do behave; they overestimate the amount of alcohol fellow students consume and underestimate the desire to intervene in dangerous situations. Social Norming clarifies the actual behavior of fellow students, so students can make better decisions regarding their own behavior. Multiple Exposures to Information: Recognizing that one exposure to information will have minor impact on behavior, OHP strives to provide many opportunities for students to receive prevention information and tools, using both written and verbal materials. OHP attempts to ‘catch them early and catch them often.’ Movement from Knowledge to Behavioral Adaptations: Knowledge alone is not enough to affect behavioral change. Students must examine their own behavior, see how the information is relevant to their own lives and experiences and understand their own ability to change their behavior to protect themselves. OHP programming encourages students to understand the basic prevention strategies on an intellectual level and to change/adapt their own behavioral decisions.

### Environmental Strategies

Environmental strategies seek to decrease substance abuse by limiting access to substances and changing social norms that permit the abuse. Tactics include changing laws, policies, and practices to create environments that decrease the probability of substance abuse.

## Harm Reduction

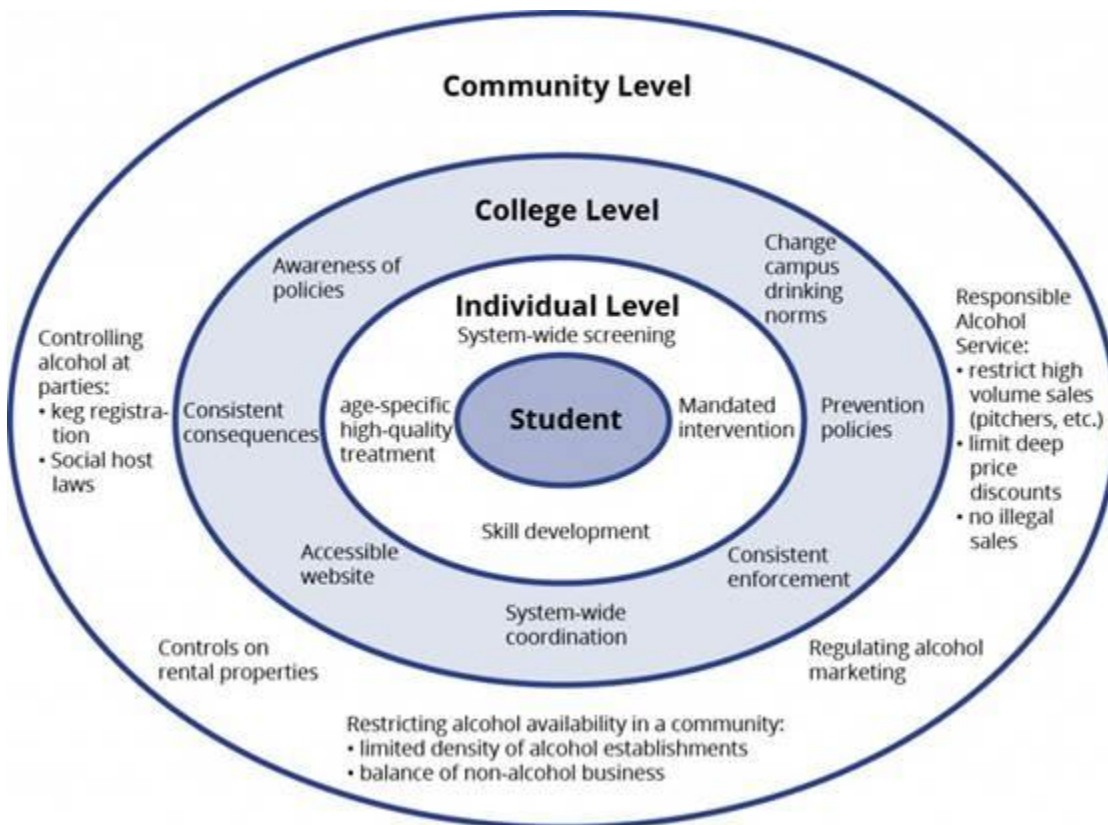
Harm reduction is a philosophy that recognizes that some people will always engage in behavior which carries risks, such as college alcohol use. A harm reduction approach mitigates dangers and health risks associated with the risky behaviors

## Program Overview and Evaluation

**Table 1. Matrix of campus-based prevention and treatment options identify missing program elements and guide strategic planning.**

Social Ecological Framework (Program and policy levels)					
Areas of strategic intervention	Individual	Groups	Institution	Community	Social influence policy
Prevention	Under the Influence, mental health screenings, social media	Classroom presentations, tabling, events, curriculum infusion, brochures, social media	Interdepartmental meetings, coalition meetings	Parent involvement, website, social media, media interviews, coalition meetings	Coalition meetings
Knowledge, attitudes, skills, self-efficacy, behavioral, intentions	Aggie Heath & Wellness, Stress Busters Days, social media	Mocktails, Stress Busters Days, tabling, events, social norming campaigns, focus groups, e-CHUG, social media	Interdepartmental meetings, alcohol- free events	Alcohol-free events, media interviews, online screenings, social media	Alcohol-free events, consortium
Environmental change	Overall wellness, Health Screens, Stress Busters Days				
Health protection	Aggie Health & Wellness, online mental health screenings			Parent involvement	

Intervention and treatment	QPR (Question, Persuade, Refer)	Classroom presentations, tabling, events, curriculum infusion, brochures	Interdepartmental meetings	Parent Involvement, website	
----------------------------	---------------------------------	--	----------------------------	-----------------------------	--



\*The College Systems Model is a tool used to evaluate college alcohol systems in the United States. It was developed in 2007 as part of a project funded by the Robert Wood Johnson Foundation's Substance Abuse Policy Research Program.

### Specific Strategies and Campaigns

OHP strategies target individuals and groups, particularly high-risk groups such as first-year students, Greek community, and athletes. OHP's goal is to create or support a

culture that encourages safe environments regarding wellness, alcohol and violence prevention.

***Special events:***

- Safe Spring Break: Alcohol and Party Safety
- Mardi Gras Party Safety

***Presentations:***

Alcohol	<p>This presentation covers:</p> <ul style="list-style-type: none"><li>• Basic alcohol knowledge</li><li>• Common myths and facts</li><li>• Safety tips</li><li>• Alcohol poisoning</li><li>• Alcohol-related laws</li><li>• Resources</li></ul>	<ul style="list-style-type: none"><li>• Participants will be able to identify signs of alcohol poisoning, mitigation of risky behaviors, alcohol drinking alternatives, safety tips to include resources</li></ul>
Alcohol & Sexual Assault	<p>The presentation covers:</p> <ul style="list-style-type: none"><li>• Basic alcohol knowledge</li><li>• Common myths and facts</li><li>• Safety tips</li><li>• Alcohol poisoning</li><li>• Alcohol-related laws</li><li>• Sexual assault definitions</li><li>• Consent</li><li>• Victim blaming</li><li>• Bystander Intervention</li><li>• Resources</li></ul>	<ul style="list-style-type: none"><li>• Participants will be able to identify the 3 D's of bystander intervention, define consent, and understand how to reduce and report sexual assault.</li></ul>



Alcohol & STI's	<p>The presentation covers:</p> <ul style="list-style-type: none"> <li>• Basic alcohol knowledge</li> <li>• Common myths and facts</li> <li>• Safety tips</li> <li>• Alcohol poisoning</li> <li>• Alcohol-related laws</li> <li>• Common sexually transmitted infections</li> <li>• Symptoms</li> <li>• Sexual health tips</li> <li>• Testing sites</li> <li>• Resources</li> </ul>	<ul style="list-style-type: none"> <li>• Participants will learn how to prevent STIs, recognize symptoms, and access testing and reproductive health resources.</li> </ul>
Health Aggie 101	<p>This presentation covers:</p> <ul style="list-style-type: none"> <li>• Alcohol</li> <li>• Bystander intervention</li> <li>• Exercise and Nutrition</li> <li>• Sexual health</li> <li>• Sleep &amp; Stress management</li> <li>• Resources</li> </ul>	<ul style="list-style-type: none"> <li>• Participants will be able to identify key points across all listed topics.</li> </ul>
Smoking/vaping/Nicotine	<p>The presentation covers:</p> <ul style="list-style-type: none"> <li>• The effects</li> <li>• Ingredients</li> <li>• Tips on how to quit</li> <li>• Common misconceptions</li> <li>• Resources</li> </ul>	<ul style="list-style-type: none"> <li>• Participants will learn nicotine effects, quitting support, safe alternatives, and facts vs. myths.</li> </ul>

### ***Mocktails:***

Peer Educators provide mocktails (non-alcoholic drinks) for many events such as safe spring break, fall tailgating, and other alcohol outreach events to educate on responsible alcohol use, sexual assault prevention, and alcohol-free events.

### ***Tabling & Outreach:***

OHP participates in weekly tabling events on a variety of health events related to monthly health observances.

### ***Parent involvement***

Parents are given brochures during new student orientation and first year move-in addressing physical health, mental health, violence prevention and alcohol education. Parents and student supporter's sessions are also given during orientation.

### ***OHP website, Social Media and Student Hotline***

The OHP website covers many health topics that include: physical well-being, mental well-being, alcohol and substance use/abuse, violence prevention, sexual health and healthy relationships, and self-care resources.

OHP posts regularly on Instagram on all Aggie Health & Wellness events on a weekly basis. Information and resources related to campus safety and tips to remain healthy. We also publish to NMSU Student Hotline that goes out each Thursday.

### **Prevention and Education Programs**

Program Name	Host Organization	Program Description
Safe Spring Break	Office of Health Promotion	Interactive activities on topics of sexual health, bystander intervention and alcohol safety
Just a Little Pot	Housing and Residential Life	Painting clay pots while learning about drug safety
DEA Drug Take Back Day	Pre-Pharmacy Society	Provides a safe means of disposing prescription drugs while educating the public on safe drug-disposal practices
DARE to Play Bingo	Housing and Residential Life	Learn about safe campus practices as well as drug and alcohol policies while playing bingo
Club Soda	Housing and Residential Life	Play a series of fun games while also taking the time to recognize some facts about drinking and how quick alcohol can become a danger to you
Cup Pong Tournament	Housing and Residential Life	Learn about the effects of alcohol and drugs while playing fun games. Flyers regarding NMSU's rules about cannabis and alcohol use on campus will be handed out
A Guided Journey	Housing and Residential Life	Learn how yoga sessions and other exercises can be used as coping mechanisms instead of drugs or alcohol.
Shot Wars - The Pursuit of Awareness	Housing and Residential Life	Learn the affects of alcohol while playing games. Flyers for alcohol abuse and alcohol/drug awareness will be passed out
Mental Health and Alcohol: The Stats and Facts	Office of Health Promotion	This event raises awareness on how alcohol consumption affects your mental health.
Thirsty Thursday	Office of Health Promotion	Information on campus for those that would like to learn about Alcohol Safety and Bystander Intervention
Violence Prevention/Bystander Intervention/ Health Relationships	Office of Health Promotion	Information on campus for how to be a good Bystander, includes information about Sexual Misconduct and Alcohol/Drug Awareness
Tabling - Alcohol, tobacco, smoking, marijuana, nicotine, opioid use	Office of Health Promotion	Information on campus for alcohol, drugs, and tobacco products

The Office of Health Promotion has presented to different entities on campus. Below is a list of presentations and how many of them were done during this report's timeframe.

- Healthy Aggies 101 – This presentation focuses on all aspects of wellness and talks about the impact that drugs and alcohol can have on a person wellbeing. This presentation was done 4 times.
- Alcohol and Sexual Assault – This presentation talks about alcohol and how it can be used as a “date-rape” drug for sexual assault and teaches audience members to make sure that they know exactly what they are drinking, how much, and encourages them to be good bystanders in the case of an emergency. This presentation was done a total of 10 times
- Alcohol Awareness and Risk Reduction – Participants will be able to identify signs of alcohol poisoning, mitigation of risky behaviors, alcohol drinking alternatives, safety tips, and available resources. This presentation was done 7 times.
- Alcohol and STI’s – Participants will learn how to prevent STIs, recognize symptoms, and access testing and reproductive health resources. Participants will also be able to identify signs of alcohol poisoning, mitigation of risky behaviors, alcohol drinking alternatives, safety tips, and available resources. This presentation was done 1 time.
- Opioid Overdose and Naloxone Training – Participants will gain an understanding of opioids and the overdose epidemic, interpreting overdose mortality data, learning harm reduction strategies, recognizing and responding to an overdose (including naloxone use), and understanding relevant laws and statutes. This presentation was done 3 times.

## **Aggie Health & Wellness Center**

The New Mexico State University Aggie Health & Wellness Center is a nationally accredited out-patient ambulatory health care center offering services in acute medical care, [mental health](#), [women’s health](#), [immunizations](#), and health education. We offer acute medical care services and are available by appointment Monday-Friday 8:00am- 11:30 and 1:00pm-5:00pm. The Aggie Health & Wellness Center is closed for university holidays and breaks.

## **Alcohol Evaluation and Treatment**

The Aggie Health & Wellness Center is a healthcare facility that employs medical professionals, mental health professionals, health educators, peer educators, and administrative staff in a collaborative care environment at New Mexico State University. Staff have been trained in primary and secondary interventions related to alcohol use/abuse in collegiate settings. Referral for specialty care is available to assist clients in obtaining tertiary interventions.

### **Alcohol Assessment**

All students who visit the Aggie Health & Wellness Center for medical appointments are screened for alcohol consumption using the audit. Students with “at risk” audit scores are provided with alcohol education and brief intervention. Students who present for counseling are screened for alcohol and other drug use using a semi-structured interview guide at both initial contact and intake, as well as through the Counseling Center Assessment of Psychological Symptoms (CCAPS-62). Self-screening is also available on the Aggie Health & Wellness Center website at any time.

### **Outcomes Assessment, Monitoring and Professional Affiliations**

The Aggie Health & Wellness Center provides health education, guided and self- screening, symptom tracking, and quality improvement analysis. The Aggie Health & Wellness Center participates in strategic planning and development for health education based on the American College Health Association (ACHA). We are accredited through the Accreditation Association for Ambulatory Healthcare (AAAHHC). Training for predoctoral interns in psychology is maintained through the American Psychological Association (APA).

### **Aggie Health & Wellness Center – Counseling Services**

The NMSU Aggie Health & Wellness Center is an integrated center that offers both medical and counseling services. Confidential counseling services are offered to students at no cost. The therapy services offered include individual counseling, group counseling, and crisis intervention. Individual counseling services are based on brief intervention models and clients work with their counselor to arrive at the number of sessions (which can be updated or revised as necessary) needed to accomplish the goals for counseling. Group counseling topics change on a semester basis and are available on our website. Services are provided by licensed psychologists and counselors and graduate-level trainees supervised by senior staff. Additional information can be found at <https://wellness.nmsu.edu/>.

### **Publications**

The Aggie Health & Wellness Center provides information on their website and in print. Website information covers alcohol poisoning, emergency contacts, health center services, counseling services, mental health screenings, and includes links to the Centers for Disease Control, other national health organizations, and NMSU and community resources. The free health brochures include:

- Active Bystander
- AHWC Psychiatric Services, Medical Services, Counseling Services Rack Card

- The Office of Health Promotion
- Alcohol Awareness and Risk Reduction
- Birth Control
- Cannabis
- Consent
- Domestic Violence
- Fentanyl
- GHB
- Healthy You 101
- Hazing Prevention
- Healthy Relationships
- Mental Health
- Physical Health and Well-being
- Self-Management
- Sexual Assault Prevention
- Sexual Health
- Sleep Hygiene
- Stress and Mindfulness
- Suicide Awareness and Prevention

### **TimelyCare, Employee Assistance Program**

New Mexico State University offers have FREE, 24/7 access to virtual care services with TimelyCare — a virtual health and well-being platform designed for higher education. Users do not need insurance to access TimelyCare services. As part of New Mexico State University's partnership with TimelyCare, you have access to services in TimelyCare, including:

- **MedicalNow:** On-demand support for common health issues, including cold, flu, and allergies.
- **TalkNow:** 24/7, on-demand emotional support to talk about anything, including anxiety, relationships, depression, and school-related stressors.
- **Scheduled Medical:** Choose the day, time, and medical provider that best works for you.
- **Scheduled Counseling:** Choose the day, time, and mental health provider that best works for you. (12 visits per year)
- **Health Coaching:** Develop healthy lifestyle behaviors, including nutrition, sleep habits, time management, and mindfulness.
- **Psychiatry:** Appointments are available through referrals.

- **Self-Care Content:** Visit the “Explore” page within TimelyCare for guided self-care content, including yoga and meditation sessions, as well as group conversations with our providers on a variety of health and well-being topics.
- **Basic Needs Support:** Access to low or reduced-cost community resources, including food and housing assistance, transit support, childcare, and finances.  
Students have access to TimelyCare services 365 days a year. That means you have access during breaks, after-hours, and any time you need support!

For more information, please visit <https://timelycare.nmsu.edu/>

## **Student Involvement and Leadership Programs: Fraternity and Sorority Life**

FSL comprises of 8 national social fraternity chapters, 5 social women’s fraternity chapters, and 1 Latina sorority. There are 500 students currently active members in these chapters overall. Two of the male fraternities have houses on-campus while three of the female chapters have on-campus housing. Three of the male fraternities have houses off-campus. Programs offered to educate students within these chapters intended to educate and reduce the risk of alcohol include:

### **NOVAK TALKS**

The NovakTalks Team creates communities of care, one conversation at a time by providing student centered evidence-based education on student health and safety, hazing prevention, accountability, and student organization development. This program does cover the impact of drug and alcohol use and is required for all members of Fraternity and Sorority life each semester.

### **Greek 101**

Greek 101 is program that covers bystander intervention, hazing, alcohol awareness, and how to stay safe and be good brothers and sisters. This event is put on in conjunction with the Dean of Students office and is a requirement for all potential new members in Fraternity and Sorority Life.

## **Aggie Athletics**

## **Drug/Alcohol Education**

The Athletics Department makes every effort to educate student-athletes throughout the year about the dangers of drug and alcohol abuse (specifically binge drinking). The Office of Health Promotion and the Dean of Students office have come to speaking engagements with individual teams and during new student-athlete orientation with both programs making a conscious effort to continue the partnership moving forward. The OHP presenters primarily address binge drinking and violence education.

## **Aggie Core Value Training**

Since Fall of 2022, every NMSU athletic team has been required to go through Aggie Core Value training. This training covers a variety of topics including Hazing, Alcohol and Drug use, Bystander intervention in relation to the Aggie Core Values: Leadership, Excellence, Accountability, Diversity and Inclusion, and Student Success and Service.

## **Student Athlete Drug Testing**

The Department is committed to preventing the use of illegal drugs by student-athletes. Testing for banned drugs is one way of deterring use. It also ensures that student-athletes are medically fit to participate in intercollegiate athletics and minimizes the risk of injury to self or others. A student-athlete found to use a drug banned by the National Collegiate Athletic Association (NCAA) or any other prohibited drug will be required to participate in drug assessment, education, counseling, and treatment and will be suspended with other sanctions (including termination from a program) as directed by this policy.

THE NCAA BANS THE FOLLOWING CLASSES OF DRUGS: Stimulants; Anabolic Agents; Alcohol and Beta Blockers (banned for rifle only); Diuretics and Other Masking Agents; Street Drugs; Narcotics; Cannabinoids Peptide Hormones and Analogues; Anti-estrogens; and Beta-2 Agonists. Note: Any substance chemically related to these classes is also banned. The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified. DRUGS AND PROCEDURES SUBJECT TO RESTRICTIONS: Blood doping; Gene doping; Local anesthetics (under some conditions); Manipulation of urine samples; and Beta-2 Agonists permitted only by prescription and inhalation.

## **Staff Related Drug and Alcohol Testing**

NMSU conducts drug and alcohol testing in accordance with federal regulations as determined by the Department of Defense and the U.S. Department of Transportation. Below is a summary description of testing requirements. It is not an all inclusive resource of testing procedures. Please contact Employee & Labor Relations for detailed information in dealing with drugs and alcohol in the workplace.

If there is immediate danger involving drugs or alcohol in the workplace, please contact the **NMSU Police Department** first by calling 911, then Employee & Labor Relations at (575) 646-2449 / **elr@nmsu.edu**.

More information can be found at

- <https://benefits.nmsu.edu/other/drug-free.html>
- <https://hr.nmsu.edu/eligibility/drug-testing.html>

## **Student Success Center**

The Student Success Center course, FirstYear Experience, covers issues related to University policy and procedures; health and wellness; and value and choices—all areas where issues of alcohol, drugs, and regulations are discussed. Most instructors schedule presentations through the Office of Health Promotion.

Instructors also share the link to the Student Social Code of Conduct in their course syllabi. Additional information is covered in activities related to becoming familiar with the Undergraduate Catalog and in activities related to identifying values.

## **III. Intervention**

### **NMSU Police**

The NMSU Police Department offers workshops to any interested on-campus student organization or academic class related to alcohol and illicit drug misuse. The statistics on arrests for violations of law regarding alcohol and other drugs are published annually by the Police Department. This includes disciplinary referrals and sanctions in accordance with the Jeanne Clery Act. Statistics and reports can be viewed online at:



<https://www.nmsupolice.com/>.

## CLASSES AND WORKSHOPS

The Police Department regularly hosts a variety of programs that are available to members of the university community. These are scheduled by the Police Department and announced through social media ([www.facebook.com/nmsupolice](http://www.facebook.com/nmsupolice)) and e-mails (including Hotline and Student Hotline). Anyone interested in these programs can fill out the interest form located at <https://police.nmsu.edu/safety/programs.html> or call (575) 646-3311 and ask for the Criminal Investigations Section Lieutenant.

- Personal Self Defense and Jane Jitsu: learn and practice prevention, awareness, and escape techniques in these programs (FREQUENCY: Offered at least once each month on average. LENGTH: 4 hours or two, 2-hour sessions.)
- Defense Against Weapons: learn how to defend against an armed assailant during an attempted sexual assault. (FREQUENCY: Offered at least once each semester. LENGTH: 2 hours.)
- Pepper Spray: learn to use pepper sprays for self-defense (FREQUENCY: Offered at least once each semester. LENGTH: 1 hour.)
- Active Shooter/Killer Response: learn what to do if caught in an active shooter/killer incident, as well as any major emergency (FREQUENCY: Offered at least three times each semester. LENGTH: 90 minutes, with 1-hour and 2-hour versions available on demand.)
- Alcohol and Drug Awareness: learn facts about alcohol and drug issues students commonly encounter, and common signs and symptoms of abuse. (FREQUENCY: Offered at least once each semester. LENGTH: 1 hour.)
- Stop The Bleed: learn the national standard for stopping major bleeding in an emergency, including how to recognize it, how to get help, direct pressure, wound packing, and use of tourniquets. (FREQUENCY: Offered at least once each semester. LENGTH: 30 minutes.)

## Conduct Assessment Response Education (CARE)

CARE team's mission is to identify and respond to students, faculty and staff that are struggling and in need of assistance and resources. Individuals referred to the CARE team that are dealing with issues with alcohol and/or drugs are given an action plan to get them to available resources that can help them with their issues. The CARE team member may follow up with the student to make sure they are making progress. The CARE team consists of representatives from the following offices:

Dean of Students; Student Conduct and Community Standards, Student Assistive Services, Human Resource Services; NMSUPD; Counseling Center; Campus Health Center; Employee Assistance Program; Office of General Counsel; Housing and Residential Life; Student Accessibility Services; Alamogordo, Carlsbad, Dona Ana, and Grants campuses.

## **Students Conduct and Community Standards**

The annual report for the Student Conduct and Community Standards office as related to alcohol and drug use reflects trends in both reported student misconduct and disciplinary action for the 2020-2022 time frame. During 2020-2022, all students found responsible for an alcohol or drug related incident received the baseline sanction of a written warning, and completion of Under the Influence and/or Marijuana 101. Second offenders or first time serious offenses received a sanction of at least one semester of probation, and another appropriate educational sanction including, community service, mandated counseling, and/or research on the impact of alcohol use in college. Student Conduct and Community Standards emphasize alcohol and drug education regarding sanctioning options.

### ***Programs***

The web-based assessment Under the Influence developed by Third Millennium Classrooms is our first offense sanction for alcohol. Under the Influence evaluates student alcohol consumption and provides feedback about alcohol use. It takes about 2.5 hours and does not involve direct contact with a counseling professional. The class cost \$35 and is paid directly to the company.

The web-based assessment Marijuana 101 developed by Third Millennium Classrooms is our first offense sanction for drug use. Marijuana 101 evaluates student drug consumption and provides feedback about alcohol use. It takes about 2.5 hours and does not involve direct contact with a counseling professional. The class cost \$35 and is paid directly to the company.

From September 1, 2020 – August 31, 2022, there were 111 students who completed Under the Influence, and 36 students who completed Marijuana 101.

## Alcohol and Drug Violations of the Student Code of Conduct

Total Violations	2020-2021	2021-2022
Alcohol	71	78
Drugs	25	23
Total	96	101

### IV. Action Plan for 2024 and 2025 School Years

1. Collaboration among Aggie Health and Wellness Center, Fraternity and Sorority Life, and Student Conduct and Community Standards to create robust educational programs concerning Drug and Alcohol Education for our students.
2. Work on emphasizing the Aggie Core Values, including accountability with our incoming students and current students. These trainings will be emphasized among high-risk groups such as Fraternity and Sorority Life, Band, ROTC, and Athletics.
3. Assess programs and activities surrounding Drug and Alcohol Education including conduct sanctions.
4. Peer Led Education Expansion: Train and empower student leaders (Peer educators, Resident Assistants, Student Athletes etc.) to facilitate workshops on safe substance use, bystander intervention, and community impact.
5. Create a restorative or educational sanction option for students with first-time alcohol/drug violations—such as BASICS (Brief Alcohol Screening and Intervention for College Students) or a similar NMSU-branded alternative.
6. Update Employee Assistance Program information on NMSU.
7. Develop a standardized referral system between Student Conduct and Community Standards, Office of Health Promotion , and Aggie Health and Wellness for students exhibiting substance use concerns.